

FREE Class

at Better Forever Training, LLC



Curious about Tai Chi? Looking for something new in your wellness routine? Attend a class for free!

Explore and experience the serenity of Tai Chi, without leaving the comfort of your home. Don't worry if you've never tried Tai Chi - everyone is in the practice together, and it is always a practice.

Prior to class, we will connect for a free 'tech check' to make sure you are set up for success! Plus, having the set up ahead of time can eliminate any tech stress we may get trying to get into the session.

Terms and Conditions

1. Services Provided Better Forever Training agrees this offers provides Client one complimentary online Tai Chi class. Once Client redeems offer, the free class must be attended within 30 days. 2. Fees and Payment The Client agrees that this complimentary pass is not a contract for or guarantees a contract for ongoing services. Should Client and Better Forever Training, LLC enter into an agree for ongoing small group classes, a new contract will be issued outlining terms and conditions for fees and payment. 3. Cancellation and Rescheduling The Client agrees to provide at least 24 hoursâ€™ notice if they need to cancel or reschedule a session. Cancellations made without the required notice may result in forfeiture of the session. Rescheduling is subject to availability. 4. Health and Safety The Client confirms they are physically and mentally capable of participating in fitness activities. The Client agrees to consult with a physician before starting a new fitness program and assumes full responsibility for any medical issues that may arise from participation. Better Forever Training is not responsible for diagnosing or treating any medical conditions. 5. Liability Waiver The Client understands that participating in fitness activities carries inherent risks, including but not limited to physical injury. By signing this Contract, the Client agrees to release Better Forever Training from any liability related to injuries,

health issues, or property damage that may result from participation. 6. Confidentiality Better Forever Training agrees to keep the Client's personal information, health data, and any other sensitive information confidential and will not disclose this information to third parties without the Client's prior written consent. 7. Code of Conduct Both parties agree to maintain professionalism, respect, and clear communication. The Client agrees to follow Better Forever Training's guidelines, adhere to safety protocols, and behave respectfully toward other clients and staff.

Exp: December 31, 2025

Offer Code: TAICHI